

# The Sessions

Sunrise Session – This is a relaxed morning session where the children will be given the opportunity to play in the sports hall with various play equipment.

Rock Climbing & Games– Once harnessed up the children will begin warm up activities including bouldering games and Dodgeball. Children will then be challenged to climb various routes on our 8 metre high indoor climbing wall under the supervision of our fully qualified instructors.

Arts & Crafts; Musical Instruments – Children use their imaginations to create real noise making instruments from the available materials. Children will then be encouraged to work together in groups to create some music!

Hyper-Active Games – Fast, Fun, Hyper session where children take part in a variety of crazy fast-paced mini games.

Team Video Games – Children team up to compete in various video game challenges against other teams.

Assault Course Races & Games – Children take part in various crazy, whacky assault courses and fun games.

Team Sports - Football, Basketball, Volleyball, Hockey, Cricket, Rounders and more

Bouncy Castle & Didi Car racing – Children will be encouraged to design their very own race circuit, from the track layout to designing the Didi cars. All combined with the Bouncy Castle and soft play.

Olympics with a twist – A series of modified fun games to challenge participants at trying something different.

Fun House – “It’s a whole lot of fun, prizes to be won; it’s a real crazy show where anything goes!” Re-creation of this old TV classic game show.

Bouncy Castle & Team Games – The children will have the freedom to be able to play on our bouncy castle, soft play equipment, skittles and race our Didi cars. This is all combined with team games on our Xbox Kinect.

Battle Games (Dry) - Action packed battle games, including ‘Fort Dodgeball’, ‘Capture The Flag’ & ‘Cannonball Alley’

Gymnastics, Trampoline & Games – Bouncing, rolling, tumbling fun! This session will be run by our qualified coaches to teach all the fundamentals of Gymnastics and Trampoline.

Fun Fair & Games - Children will be encouraged to create their own fun fair games, or choose some of the old favourites of Splat a rat, Milk bottle knockdown, Hoopla, Coconut shy & Tin can alley.

Lunch - Supervised session, children will need to provide their own packed lunches.

Twilight Session – This session will give the children a chance to unwind with the choices of board games, movies, music and much more.

The children will also be taken over for a hot meal from our cafeteria.

**Chichester**  
college | sports centre

# Holiday Club

## February Half Term 2012

**Sunrise 8 - 9am**

**AM Activities 9 - 12pm**

**Lunch 12 - 1pm**

**PM Activities 1 - 4pm**

**Twilight 4 - 6pm**



**Flexible booking options.....**

**Book as little or**

**as much as you like!**

**Full day from £22 per child**

**(includes Dinner)**

**01243 812936**

**Chichester**  
college | sports centre